

P.E. DEPARTMENT

TOP TIPS

for becoming a successful Post 16 SPORT student



1 After each lesson use Google Scholar or similar to research the topic covered. Make a file card to capture key ideas, vocabulary, viewpoints.

2 Every week, review the work that you have covered. This works well as a Friday activity.

3 After a lesson, find and watch a couple of Youtube clips about the lesson topic. Make a file card to capture key ideas, vocabulary, viewpoints.

4 Use the net to keep up to date with the latest developments in sport. Keep a log of what's going on.

5 For the examined units, after each lesson produce a set of flash cards/revision cards to help you with your revision. Check understanding every week, month, term.

6 For the examined units, regularly use revision sites. Work systematically through past papers, writing answers and checking against the mark scheme.

7 Use the assignment brief grading criteria as a checklist to refine your coursework. Is everything there?

8 After each lesson, and at the end of the week, review the work you have done and make a list of anything you are not sure of so you can discuss it with your teacher in the next lesson/following week.