

Tallis Post 16: Planning for your future

<p>Take the Buzz Quiz to find out about your personality profile. Write a commentary on the findings. Were there any surprises? Does this reflect your personality? Do you think the suggested types of job might suit your personality?</p>	<p>Download and work through this booklet of skills and careers activities. https://www.youthemployment.org.uk/dev/wpcontent/themes/yeuk/files/Editable_Skills_Careers_Booklet.pdf</p>	<p>In one column, list the characteristics and qualities which you think are your strengths and the types of work you like doing. Next, in a second column, list the things that interest you less, or you do not feel are your strengths.</p>	<p>Do this skills assessment to find out what kind of career you might be suited for. https://beta.nationalcareers.service.gov.uk</p>
<p>Ask a member of your family or friend about their job. Find out what they do, what skills and experience they needed to access their career and what they like and dislike about it.</p>	<p>Look at the list of job types here: https://icould.com/explore#jobtype Choose a sector you might want to know more about and watch three videos of people talking about their jobs in this sector.</p>	<p>From the three videos, make a list of all the things that these people said they love about their jobs.</p>	<p>Choose other sectors that might interest you and repeat the process in the previous two boxes (to the left).</p>
<p>Explore the BBC bitesize website to find out about routes into different careers. It is full of useful videos and articles. https://www.bbc.co.uk/bitesize/tags/zrrh8xs/cvs/1</p>	<p>Use the course to career tool here to explore the different pathways to jobs that are of interest to you. https://icould.com/stories/explore-links-between-courses-and-careers/</p>	<p>Watch some of the videos on this site and explore different careers. https://www.thewowshow.org/students/</p>	<p>Explore this website to learn more about the routes to different careers. https://www.youthemployment.org.uk/careers-hub/</p>
<p>Download this Powerpoint from the Lancashire Careers and Enterprise hub and explore the links. https://bit.ly/2R6YJbX</p>	<p>Download and read these subject guides for each of your subjects. https://bit.ly/39uZfXy</p>	<p>Use this section to explore the careers to which your favourite subjects could take you. https://www.bbc.co.uk/bitesize/articles/zhst2sg</p>	<p>Use this website to find out about some major companies. Make a list of what interests you about the opportunities on offer. https://careemap.co.uk/organisations/</p>
<p>Find the names of the 10 largest employers in your area. Research their website to find out how many people they employ and in what roles? Do any of them offer degree or higher apprenticeships?</p>	<p>Read this article about labour market information (LMI) which tells you where the jobs are, what they are paid etc. https://icould.com/stories/using-lmi-careers-decisions/</p>	<p>Use the careerometer tool https://careemap.co.uk/careerometer/ to research different jobs. You can then use the links on this page to explore apprenticeship and graduate opportunities.</p>	<p>On this website, you can ask employers questions in a live chat. https://learnliveuk.com/careers/ Ask them a question and watch some of the videos.</p>

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<p>Find out about degree apprenticeships by reading this article and completing the worksheet.</p> <p>https://careermap.co.uk/degree-apprenticeships/</p>	<p>Follow this link for a range of resources you can explore to find out more about apprenticeships.</p> <p>https://amazingapprenticeships.com/resources/</p>	<p>Explore this government website about apprenticeships and find out more about how to apply for one.</p> <p>https://www.apprenticeships.gov.uk/apprentice/what-is-an-apprenticeship</p>	<p>Download the Careermag to find out about the different sectors and opportunities available. There are also blogs written by different people that may be insightful for you to read.</p> <p>https://careermap.co.uk/careermag/</p>
<p>Watch this video about degree apprenticeships.</p> <p>https://careermap.co.uk/video/what-are-degree-apprenticeships/ and explore other videos that interest you in this section.</p> <p>https://careermap.co.uk/careermaplive</p>	<p>Use this government website to see what kinds of vacancies will be coming up. Make a list of the kinds of apprenticeships that interest you.</p> <p>https://amazingapprenticeships.com/vacancies/</p>	<p>The UCAS website contains a wealth of information to help you to plan the next steps. Start here by making a list of the pros and cons of university/apprenticeships/taking a gap year/ going straight into employment.</p> <p>https://www.ucas.com/what-are-my-options</p>	<p>Read this article about choosing a university and make notes.</p> <p>https://www.timeshighereducation.com/student/advice/seven-tips-choosing-right-university-you-and-where-find-them</p>
<p>Read this section about choosing higher education courses and start a list of all of the subjects that interest you.</p> <p>https://www.ucas.com/undergraduate/what-and-where-study/ucas-undergraduate-what-study</p>	<p>Read here about entry requirements for university. Consider what grades you are expecting to achieve and what else you need to do in order to prepare for the course you want.</p> <p>https://bit.ly/3aEzoh9</p>	<p>Use Google Maps to locate universities that might interest you. Go to the website of these universities and make a list of courses of interest. Note key information.</p>	<p>Use this website to take virtual tours of universities that interest you. Note the pros and cons on a table.</p> <p>https://www.ucas.com/undergraduate/what-and-where-study/open-days-and-events/virtual-tours</p>
<p>Once you have an idea of subjects you might wish to study, and chosen universities, use the offer grade calculator you see what offers you might get.</p> <p>https://www.ucas.com/advisers/offer-rate-calculator/</p>	<p>Read this article about student finances and watch the Martin Lewis video.</p> <p>https://www.prospects.ac.uk/applying-for-university/student-loans-and-finance</p>	<p>Read this article about what employers want in a CV.</p> <p>https://icould.com/stories/cv-employers-want/</p>	<p>Watch this video about writing a cover letter and a CV.</p> <p>https://www.bbc.co.uk/bitesize/articles/zd3qnr</p>
<p>If you would like some one-to-one advice from a professional careers adviser, you can get this free here via webchat or a phone line. Make a list of the questions and contact them.</p> <p>https://nationalcareers.service.gov.uk/contact-us</p>	<p>Read this article about careers of the future. Write a paragraph about how this might affect your decision making.</p> <p>https://careermap.co.uk/careers-of-the-future/</p>	<p>From everything you have found out here, make a list of jobs that you think would be of interest and the qualifications you would need to access them.</p>	<p>Use all of the information you have found out to write up a plan of what you need to do between now and leaving school, in order to develop your career plans.</p>

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<p>Whether you love football or not, Jurgen Klopp, manager of Liverpool FC, shows how his leadership has turned the team around. Watch the clip. Do you agree that this is what a leader should be?</p> <p>https://www.youtube.com/watch?v=4jWZVtkJdCO</p>	<p>In any job, you will come across so many different styles of leadership, some good, some not so good. Simon Sinek explores '<i>How great leaders inspire action</i>' In this TED talk.</p> <p>https://www.ted.com/talks/simon_sinek_how_great_leaders_inspire_action</p>	<p>In a follow up TED talk, leadership expert Simon Sinek asks the question: what makes a good leader? Listen to his talk '<i>Why good leaders make you feel safe</i>'.</p> <p>https://www.ted.com/talks/simon_sinek_why_good_leaders_make_you_feel_safe</p>	<p>If you are feeling brave, take a psychometric test to see if you are, or will be in time, a successful leader in your chosen career.</p> <p>https://www.psychometrictest.org.uk/leadership-test/</p>
<p>What does being organised mean? A tidy room, being on time, not forgetting birthdays?</p> <p>Write down five thoughts on what being organised means to you, and then reflect on how well you organise yourself. Then, set yourself a target for how you will be more organised.</p>	<p>Preparing for your next steps, whether it be university, an apprenticeship or a job, means a different kind of organisation than school. The video below gives 6 tips to help you.</p> <p>https://www.youtube.com/watch?v=lahnCN3PxV8</p>	<p>Be prepared for your next interview: research the company and the leadership team so you know their background, values and ethos. It will be sure to impress your future boss/bosses.</p>	<p>If you are starting a new job, apprenticeship or starting university, make sure you have researched the transport to get you there. Look on google maps and plan your journey, whether that be on foot or public transport, to ensure you are not going to be late for your first, and subsequent, days.</p>
<p>Write down a time where you have overcome a barrier and shown resilience. How did you feel when you hit the barrier? How did you feel when you overcame it?</p>	<p>What barriers are you likely to face in the next chapter of university, apprenticeship or work? Write down five things you are worried about and five possible solutions.</p>	<p>How do you cope with rejection? These ten talks, 'Talks to help you shake off rejection', might just help to inspire you.</p> <p>https://www.ted.com/playlists/234/talks_to_help_you_shake_off_re</p>	<p>'The Science of Resilience' asks the question 'is resilience in our genes?'. An interesting 28-minute radio programme that is well worth the listen.</p> <p>https://www.bbc.co.uk/programmes/b07cvhrs</p>
<p>When did you last take the initiative to do something without being told or asked? Write down three examples of where you have shown initiative and how it made you feel.</p>	<p>Random acts of kindness are often described as taking the initiative. Try and do a random act of kindness for someone you live with. Click on the link for some ideas.</p> <p>https://www.mentalhealth.org.uk/blog/random-acts-kindness</p>	<p>Whatever your next step, take the initiative to complete a short online course. This could be a MOOC (Massive Open Online Course) on a subject of your choice www.futurelearn.com</p>	<p>Take the initiative to learn a new skill, for example sign language. BSL offer a free taster British Sign Language course here:</p> <p>https://www.bslonline.co.uk/join-a-course/</p>
<p>Non-verbal communication (body language) is just as important as the spoken word. It is often the case that body language gives away our true feelings. Find out more here:</p> <p>https://www.verywellmind.com/understand-body-language-and-facial-expressions-4147228</p>	<p><i>Mind Your Slang!</i></p> <p>This article gives arguments for and against slang and where it is acceptable to use slang. Read the comments section too and then have your say!</p> <p>http://news.bbc.co.uk/1/hi/magazine/8388545.stm</p>	<p>'<i>The Art of meaningful conversation</i>' is a series of TED talks which help you to move beyond everyday small talk and help you to start conversations.</p> <p>https://www.ted.com/playlists/211/the_art_of_meaningful_conversation</p>	<p><i>Communication with Strangers</i> is a series of comic monologues exploring the awkwardness of making small talk with someone you don't know. <i>An amusing and entertaining listen.</i></p> <p>https://www.bbc.co.uk/sounds/series/b070pf9k</p>