

PE Faculty

Course Information

Sport

About the course

BTEC Level III Subsidiary Diploma/Diploma/Extended Diploma in Sport

BTEC Sport provides a more practical, real-world approach to learning alongside a theoretical background; giving learners the knowledge, understanding and skills that they need to prepare for employment. This course is for those students interested in pursuing a career in areas such as coaching, physiotherapy, massage, teaching, leisure centre management and personal training. This course can be studied as well as or instead of A Levels.

Method of assessment

The course consists of nine core units plus four optional units. Each unit is assessed through the completion of assignment such as:

Principles of anatomy and physiology in sport, assessing risk in sport, fitness training, sports nutrition, sports psychology, sports injuries, leadership, rules, regulations and officiating in sport.

Entry requirements

5 grade A*-C at GCSE with a B or above in PE or a minimum of a merit grade at Level 2. It would be preferable for student to have already studied at BTEC level before but this is not essential.